



What people are saying about Mission Control

More than 6,000 people around the world have participated in Mission Control workshops and programs since 2001. Here is what they say about the value of Mission Control:

"Since taking Mission Control, I've had a 100% increase in productivity. I now have control over my work and I'm working on the things that truly make a difference for my company. And, my peace of mind has increased because I am able to be truthful about when things are going to be done. Now if I say it is going to be done, it's done. It's priceless."

Debbie Hyde-Duby, *President, Pearle VisionCare, Inc., a subsidiary of Cole National*

"Since I took the workshop nearly a year ago, I've doubled my productivity. This increase comes not only from implementing the system but also from the clarity and peace of mind I now have. The most profound change has been the way that clarity impacts how I do my job. It's incredible."

Marty Millington, *Senior Human Resources Manager, Toshiba America*

"I'm a single parent, working full time – so juggling work, home and my social life placed me on a treadmill that left me unfulfilled, drained and powerless. I could not see how else to live my life. Taking this course showed me that there was another way to live and work. I am now relaxed, confident and in control."

Norman Vasquez, *Human Resources Consultant and Contract Negotiator, PSE&G*

"I used to try to do everything and be a super human. Now with Mission Control, I'm not dividing myself between five things at the same time. I can focus and get the results I'm looking for. The increase in the quality of my results has been dramatic. It's like getting a body cast taken off – you just don't ever want to put it back on again."

Sharon Albergo, *Customer Support Manager, Fortune 500 Telecommunications Company*

"Life is so much easier since Mission Control. I have no stress when I look at my calendar now. Mission Control completely changed my relationship to everything I have to do! This is a great class and I recommend it to everybody!"

Randi Smith, *Project Manager, Dell Computer*

"The two days I spent were of great practical value. The workshop ... ultimately brings the participant to a clear understanding of his or her limitations -- the constraints of time and energy that we usually deny. What I saw in the workshop was that accepting these constraints was the beginning of real creative stewardship of my gifts."

Steven Tomlinson, *Finance Professor, MBA Program, University of Texas*

"I'm amazed by the sense of accomplishment that I have realized from using Mission Control. Before, when I was at work, I was multitasking and working hard, yet at the end of the day I lost track of what I had completed. Now, I know what I'm going to do on a particular day, and I get it done. I also have time to focus on one thing at a time and give it 100% of my effort, with a higher quality output. It's awesome."

David Rose, *Manager of Standard Products and Tools, Metrowerks, a subsidiary of Motorola*

"Since attending the Mission Control workshop, I have been able to organize and structure my work a lot better. I know in advance what I am going to accomplish on a day to day basis. I can only say that I feel really relaxed and positive! Not only is this training great to apply at work but it also works effectively in your private life."

Celine Bernhardt, *KM Coordinator, PricewaterhouseCoopers*

"There was so much detail and intensity in my job and I was forgetting things and dropping details. I'm not known for doing that – I was becoming someone I didn't want to be. Mission Control gave me a structure, tools, and a way of thinking that helped me keep it all together. Now, there is so much more detail that I am able to manage. I've doubled my productivity."

Jill Marilley, *City Engineer, City of Shoreline, a suburb of Seattle*

"An ingenious and highly effective system, yet easy to grasp and quick to implement, Mission Control's seminar at Britannia Royal Naval College provided me with an extremely useful method of balancing an increasingly busy schedule whilst delivering tangible results. Using an engaging instructional style, the Mission Control team presented a method which requires self-discipline, and applied it using readily available PC tools, which enabled the delegates to get a firm grip on their professional and personal lives, and deliver a more productive and sensible work-life balance as a consequence. It's an excellent programme for the busiest of leaders spanning the widest range of professions."

Commodore Tony Johnstone-Burt, *OBE ADC Royal Navy, Britannia Royal Naval College, Dartmouth, England*

"Prior to taking Mission Control, I had resigned myself to believing my days would always consist of crisis management and stress. Now I go to sleep at night with no worries on my mind. My productivity both at home and work has improved dramatically, while working fewer hours."

Scott Averill, *Executive Director, Atria Hearthstone Retirement and Assisted Living*

"Since Mission Control, I am working fewer hours and accomplishing as much as I was before. In fact, I am now exercising three to four nights a week, where I wasn't at all before."

Donna Osowski, *Market Manager, BMW of North America*

Before Mission Control, I forgot things, found myself rushed to meet important due dates, worried about if and when things would get done, and would lose my sense of humor with even the smallest interruption. Today, I experience none of that. I find I actually have more time to do the things I want, and I am no longer stressed out and worried all the time – which my wife likes. Mission Control isn't just a set of tools, it's a way of living in control. Who wouldn't want that?

Dr. Jeffrey D. Ford, *Associate Professor of Management, The Ohio State University Fisher College of Business*

"During the eight weeks after taking Mission Control, I lost 10 pounds, generated two major new clients, tripled my sales for the quarter, and discovered new ways of being with my wife and son to create greater intimacy between us. Of all the tools and practices I use in my life, nothing is more powerful than Mission Control for transforming the quality of my life."

Michael Alexander, *Principal, Alexander & Associates*

"When I signed up for the workshop, I was only about 10% of the way to meeting my sales quota for the quarter. I was skeptical that the workshop could help, but willing to try it. Not only did I meet my quota, I produced \$40,000 of additional income in two months. This course is incredible!"

Mark Tonoff, *Financial Advisor*

"I have a new found freedom to create each and every day completely focused around the things I love and the things I'm committed to."

Maryann LaScala, *Sales Executive, Resicon USA*

"My experience of Mission Control was one of apprehension before I arrived. I was concerned that there has been so much written and taught over recent years about 'time management' that this would be the same theory, re-hashed with a new fancy title. This was not the case.

"Never before has any course empowered me as much as Mission Control. The practical use of knowing "I will not get it all done" and the common sense that this entails was like a weight lifting from my shoulders. Working towards my concerns was inspiring, as this is something that the 'modern' worker does not seem to do. We spend our time working towards others' goals and concerns - a symptom of the way we were taught at school.

"I have altered my working practice. I now carry a capture tool everywhere (one and only one), I have just one pile on my desk, I make my e-mail system (Lotus Notes) work FOR me. I have taken control of my diary and created a calendar of occasions. I have now experienced the sense of freedom that Mission Control gives for handling everything there is for you to do and handle in life.

"Colleagues were dubious at first, especially those that have viewing rights to my calendar of occasions, however they have come to see the value of what I am doing and are asking more about how to compose their own!"

Matt Emery, *HR Development Consultant, Schering Healthcare Limited*