



Experts in Organization Productivity, Workability and Resiliency

Is your organization “fit to perform” in the 21st century workplace?

The pressures of a turbulent global market and a struggling economy are leaving no organization unscathed today. What is the impact of stress caused by today's economy on your management team, your employees and you?

Are your employees among the millions dissatisfied with their current employer? Knowing what their work expectations are and being able to meet them could save you millions of dollars over the next few years.

Stress related illnesses and injuries are directly attributed to the costs of:

- Medical Coverage
- Short and Long Term Disability Coverage
- Worker's Compensation Coverage
- Absenteeism
- Presenteeism
- Entitlement

Are you resigned to having these be a “fixed” cost of doing business versus a “variable” cost that you can effectively eliminate or reduce?

Are your employees becoming less interested in their future, with your company – showing up as being **complacent** at best – and more likely **resigned** or **cynical**? These are signs of “Presenteeism”.

Transpective management consulting is certified to bring to you in your work environment the complete set of diagnostic tools developed by Stress Directions, Inc., including:

- Corporate Stress Report
- Stress Audit
- Company Presenteeism Report

Following a period of data gathering and analysis, we will provide you with answers that reveal the root cause of increasing health and disability cost exposure and lost productivity. Based on this data, we will create and deliver effective interventions to help keep your organization profitable through increased productivity and an environment of workability.

Read the most extensive and current “white paper” on stress (available on this website) and an actual case study of an engagement we designed and delivered that shows how effective a company can be at reducing the sources, symptoms and level of susceptibility of stress in the workplace.

Why Choose Transpective as your stress management experts?

Transpective Business Consulting, in partnership with Stress Directions, Inc. “the stress knowledge company” - successfully delivered the first Corporate Stress Report engagements. Transpective has provided organizational interventions, consulting and coaching using our own proprietary methodology that we have developed and finely tuned for more than 20 years. This methodology was created specifically as a tool for organizational transformation through human behavior.

We are your external experts in diagnosing the impact of workplace stress, dysfunctional cultures and unproductive work habits using extensively tested diagnostic tools to help provide you with new and better resources for becoming more productive and prosperous.

We are certified and licensed providers for:

- **Research-based, customized consulting services and diagnostic tools to assess, evaluate and provide recommendations for controlling organizational stress.**

Our strategic partner - Stress Directions, Inc. the “stress knowledge company” - is the most complete and trusted stress knowledge resource on the web, used by thousands of consumers and the nation’s top companies to reduce the mental, physical, and economic costs of stress.

The online expert system provides insight into your unique experience with stress to give you the knowledge you need to take effective action.

1. More than 500,000 people have used the Personal Stress Navigator to identify their stress sources, susceptibilities and symptoms, and improve their health and quality of life.
2. The world’s most competitive businesses use the Corporate Stress Report, the Stress Audit and the Company Presenteeism Report along with consulting services to identify organizational patterns of stress and reduce the substantial corporate liability of stress, the cost of health benefits, direct medical expenses, lost-time accidents, employee turnover, stress damage claims and employee overwhelm and burnout.

In a relatively short period of time – 6 to 8 weeks – we can provide you with a unique insight into the causes, cost and effects of stress in your organization. We are able to then work with you to begin the process of eliminating or altering the causes, reducing the costs and minimizing the effects in your workplace.

- **Researched based Learning Instruments – Human Resource Field Guides**
The power to transform individuals, teams, and organizations

As an authorized and experienced distributor of Inscape Publishing, Transpective provides valuable products and services to help people develop a deeper understanding of themselves and their relationships in the workplace. These extensively researched and time-tested resources create the opportunity for transformational experiences. When your workers are enabled to discover their own potential, you and your organization realize greater success. Through these “guided learning” profiles we are able to help people attain a better “fit” with the expectations for being successful in a role, thereby dramatically reducing or even eliminating personal stress and a stressful environment.

Inscape pioneered the original DiSC[®] learning instrument over three decades ago. Today, they develop learning resources in 21 languages and distribute these tools in over 50 countries. More than 40 million people have used Inscape products to explore building stronger relationships. Innovation continues to be a driving force at Inscape - creating products and services designed to inspire, energize, and empower – like the DiSC[®] Indra relationship model.

As an authorized Inscape Distributor not only do we give you access to the full line of both on-line, web based instruments and paper instruments – we also have a track record of successfully consulting with organizations to ensure that the insights gained are sustainable and effectively put into action.

- **Productivity Workshops and Programs**

We offer customized corporate programs and local public workshops that are introductions to the Mission Control® system. These programs are supplemented with continued learning through our other programs, on-line courses, learning modules and coaching. Mission Control® is an exciting new approach to productivity that provides a dramatic increase in your productivity and effectiveness, while reducing stress.

Working in the 21st Century is tougher than ever and we haven't really learned how to work effectively in the 21st Century – yet.

The 20th Century techniques for personal productivity - tools that were developed more than 30 years ago - are simply insufficient for the demands of today's work environment. We're deluged with information. Unrealistic deadlines are now the norm and we continue to be overwhelmed by expectations. No matter how well we try to organize our time, we simply can't get it all done.

The Mission Control system provides an entirely new way of thinking about, organizing and managing your work and your life. In our workshops and programs, you learn how you developed your work habits unconsciously over time - as a strategy for dealing with everything coming at you. You see how these familiar and established work habits are actually obstacles to your productivity.

You will leave with an ability to build new work habits for dealing powerfully with the flood of demands, tasks, activities, problems and opportunities you face every day. These new work habits will leave you more confident, focused and effective.

Using the Mission Control system, you will be able to focus completely on what is in front of you - and bring all of your intelligence, creativity, and natural ability to bear on your work. Using Mission Control, you will find yourself accomplishing what is important to you. You will increase your productivity, while reducing stress.

Are you interested in learning more about how you can take advantage of our highly effective products, programs and services?

Our highly effective and proprietary consulting methods will give you access to a world of organizational transformation and breakthrough performance.

We invite you to contact us so that we can begin a conversation that will explore how we can best work with you in designing an engagement that brings a sound resolution to your business challenges and opportunities.

For more information, please contact: belliott@transpective.com

Visit our website to read more about us: www.transpective.com