



Women in Business – Unleashing Your Full Power©

Take control – gain access to your full power. Learn how to use effective dialogue, teamwork and resilience to produce the outcomes you want. Be part of a small group of contemporaries that are interested in unleashing their full power. This 3-part workshop series taps into your natural abilities and leverages those strengths. You will uncover those areas that are not natural for you, and learn how to adapt to alternative approaches in order to work more effectively. Become more resilient - - -it is not what gets in your way that matters - - - it is your ability to bounce back, get on track and realize your full potential.

The 3-part workshop, delivered in three separate sessions 6 weeks apart, is designed for action learning. You will engage in the material through pre-work and post-work assignments; to apply all of your learning's to a current challenge, therefore putting new approaches into practice immediately.

Workshop 1 – Dialogue

Using the DiSC model of behavior you will learn about your behavioral comfort zone and the behavioral comfort zones of others not like you. Through the session, you will discover how to flex and expand your comfort zone, unleashing your full power, effectively communicating the strategic and tactical needs of the business through effective dialogue.

Workshop 2 – Teamwork

You will learn to work from your strengths by identifying your most natural team role. You will also gain insight into the roles and contributions of others in the group process. As a result, team innovation and productivity increase as conflict and project-cycle time decrease through effective teamwork.

Workshop 3 – Resilience

During this session, you will examine your current stressors, coping resources, and satisfaction in different areas of life. Today's workplace demands high performance of its employees, but that no longer means putting work ahead of everything else. Today's more dynamic, team-oriented organizations require flexible, creative, sustainable performance, the kind that comes with people who know how to balance the urgent demands of work life and personal life without sacrificing either.

We promise that participants that fully participate in this series of workshop will experience a new level of power, freedom and peace of mind.

What are the Learning Objectives for these workshops?

- Implementing successful EQ strategies (Emotional Intelligence)
- Generating team synergy
- Employing successful strategies for being resilient in the face of a fast paced workplace environment

What are the Key “Take-A Ways” for these workshops?

- Communicate effectively with anyone at work
- Lead teams at work more effectively
- Bounce back from setbacks and stuck situations

Who are these workshops for?

- Mid-level managers
- Project leaders
- Team Leaders
- Key Contributors

Workshop Leaders

Jessica Lyons

At Transpective Jessica is responsible for helping clients gain new insights on behalf of organizational performance improvement. When assumptions are challenged, clients begin to move beyond "business as usual," uncovering new solutions, hidden strengths and blind spots. Jessica has also worked in the field of psychotherapy, delivering strengths-based and solution focused outcomes. <http://www.transpective.com/bio-jessica.html>

Marie Grillo

With more than two decades of experience as a manager in Learning and Development and Organization Development, Marie has developed a keen sense of what it takes to train and grow today's workforce. With a background in high tech, manufacturing and medical device industries within Fortune 500 companies, Marie collaborates with clients to create customized, "real world" performance improvement solutions.

Logistical information/Workshop Dates:

Dialogue	Tuesday 3/01/2011	8:00 AM to 1:00 PM
Teamwork	Tuesday 4/12/2011	8:00 AM to 1:00 PM
Resilience	Tuesday 5/24/2011	8:00 AM to 1:00 PM
Location:	Exeter Inn, Exeter, NH	www.theexeterinn.com
Cost	\$875.00 for the three-part series	

Contact: To learn more about this program and the Transpective approach please contact Jessica at 603.498.8111, jlyons@transpective.com or visit our website www.transpective.com .

Registration Contact Jessica Lyons.

For more information on some of the “tools” we will be using in the program you can download (see below for links) brochures that give you more detailed information.

DiSC	http://www.transpective.com/resources/inscape/disc-classic.pdf
Team Dimensions	http://www.transpective.com/resources/inscape/team.pdf
Coping and Stress	http://www.transpective.com/resources/inscape/coping.pdf

Transpective background:

Transpective offers a unique approach in all of its work. We have been in business for 22 years working with companies, both big and small, in both for profit and not for profit environments. The common denominator in all of our work, regardless of industry or marketplace, is the “human factor”.

We support all of our clients in helping themselves get better at what they currently do and to become more agile so that they are a “needed” resource within the business for the future. Being adaptable and agile are key competencies for anyone looking to be very successful in the 21st century workplace. The “doorway” to change is “knowing” yourself – both the upsides and downsides of your “wiring”. We know that you do not need to be good at everything – and you do need to bring a level of expertise and unique insight to everything you do. We help you discover that expertise and unique insight and capitalize on it.